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Surface Interval Training teams with the Downtown Orlando YMCA

WINTER PARK, FL – Surface Interval Training, LLC. is proud to join forces with the Downtown Orlando YMCA Family Center to offer high quality scuba training to both YMCA members and other members of the Greater Central Florida community.

"The Central Florida YMCA has a tremendous reputation for service to our community and for quality programs. It is an honor to team up with the Downtown Orlando YMCA Family Center and bring our quality line of programs to this great organization." said Surface Interval Training Managing Member Kevin Green.

Beginning in July, Surface Interval Training began offering Open Water Diver courses using the facilities at the Downtown YMCA Family Center. Over the next several months, Surface Interval will expand its course offerings to include Discover Scuba, Scuba Review, and Enriched Air Nitrox classes. Beginning with the Fall Season, the Downtown Orlando YMCA Family Center will feature Surface Interval classes on its member calendar/course publication.

Surface Interval Training features training programs from the Professional Association of Diving Instructors (PADI), Emergency First Response, Medic First Aid International, and the American Red Cross. Courses available include Open Water Diver all the way through Divernaster, as well as First Aid, CPR, and Automated External Defibrillator (AED). Classes will be available on a schedule or can be custom scheduled as needed.

In addition to quality training, Surface Interval will offer international and domestic dive travel services in the coming months.

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