



FOR IMMEDIATE RELEASE
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CONTACT:

Kevin B. Green
321.228.4862
Spencer Jackson
407.235.5561

Surface Interval Training teams with the Winter Park YMCA

WINTER PARK, FL – Surface Interval Training, LLC. is proud to join forces with the Winter Park YMCA Family Center to offer high quality scuba training to both YMCA members and other members of the Greater Central Florida community.

“Partnering with the Winter Park YMCA adds quality scuba services to another of Central Florida’s premiere fitness facilities. We are proud to expand our reach to service additional YMCA membership, as well as the Winter Park community at large,” said Surface Interval Training Managing Member Kevin Green.

Beginning in July, Surface Interval Training began offering Open Water Diver courses using the facilities at the Downtown YMCA Family Center. The addition of the Winter Park YMCA Family Center adds additional scheduling and location options for YMCA members to receive dive training. Over the next several months, Surface Interval will expand its course offerings to include Discover Scuba, Scuba Review, and Enriched Air Nitrox classes.

Surface Interval Training features training programs from the Professional Association of Diving Instructors (PADI), Emergency First Response, Medic First Aid International, and the American Red Cross. Courses available include Open Water Diver all the way through Divemaster, as well as First Aid, CPR, and Automated External Defibrillator (AED). Classes will be available on a schedule or can be custom scheduled as needed.

In addition to quality training, Surface Interval will offer international and domestic dive travel services in the coming months.

Information on classes, training agencies, and travel are available at:
WWW.SURFACEINTERVALTRAINING.COM or by e-mailing info@surfaceintervaltraining.com .

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